2023 Targeted HCCs

Diabetes (WITHOUT complications)

- ✓ Uncomplicated/Controlled DM (E10.9, E11.9) less than ½ of diabetics are without complications
- ✓ Uncontrolled DM (E11.65, E10.65) if symptomatic/clinically relevant, use "complication" code with specific complication. Asymptomatic hypo/hyperglycemia is not always a complication
 - o Do **NOT** use if there are associated complications (CAD/HF, III-V CKD, etc.)
 - Use for "hyperglycemia" to assess A1c before 3-month interval, or if hyper/hypo and symptomatic (ED, hospitalization, urgent visit for management)
- ✓ Long Term Insulin Use (Z79.4) add for each patient on insulin once yearly

Diabetes (WITH Associated Complications)

- ✓ Acute Diabetic Ketoacidosis, Hyperosmolarity, Diabetic Ulcer, Dermatitis, Skin Complications
- ✓ Nephropathy (E10.21, E11.21) (if associated CKD stage if III-V, use the ".22" code and add CDK stage)
 - o Chronic Kidney Disease (E10.22, E11.22)
- ✓ Neuropathy (E10.40—E11.49)
- ✓ Retinopathy
- ✓ Peripheral Arterial Dz/Peripheral Vasc. Dz (E11.51, E10.51)
- ✓ E11.69 DM with other specified complication (Specify complication lipids, CAD, etc.)

Oncology Comorbidities

Add these in if present:

- ✓ Immune suppression
- ✓ Aplastic Anemia
- ✓ Drug-induced polyneuropathy
- ✓ Chemo-induced cardiac issue
 - o Arrhythmia, HF, etc.
- ✓ Acute/chronic renal d/t med
- ✓ Pulmonary issue d/t meds
- ✓ Cachexia/wasting

Use <u>www.ICD10Data.com</u> to help get diagnosis search started

Artificial Openings and Ostomies:

- Z93.0 Tracheostomy
- Z93.2 Ileostomy
- Z93.5X Cystostomy
- Z93.1 Gastrostomy
- Z93.3 Colostomy
- Z93.6 Other Artificial Opening
- Z93.9 Artificial Opening Status, Unspec.
- ✓ Amputation Status (Z89.xxx)
- ✓ Transplant Status (Z94.x)
- ✓ Phantom Limb Syndrome (G54.6 w/pain, G54.7 w/o pain)
- ✓ Reported at least each year

Chronic Kidney Disease

- ✓ Stage 1-2 are not HCC weighted
- ✓ Stage 3:
- Stage 3a = eGFR 45-59 (N18.31)
- Stage 3b = eGFR 30-44 (N18.32)
- ✓ Stage 4 = eGFR 15-29 (N18.4)
- ✓ Stage 5 = eGFR < 15 (N18.5)
- ✓ End Stage Renal Disease (N18.6) Use additional code to identify dialysis status (Z99.2)
- ✓ Unspecified Kidney Disease do not use
- ✓ Hypertensive Kidney Disease

Some examples of provider documentation best practices include:

- o For Morbid Obesity, need ICD-10 diagnosis (E66.01) **and** the BMI # (40.0-44.9 is Z68.41; BMI of 45.0-49.9 is Z68.42, etc.)
 - o "Morbid Obesity" with BMI of 35-39.9 with chronic conditions is OK, but document conditions
- Document all cause-and-effect relationships and clearly <u>link complications or manifestations of a disease</u>
 <u>process</u> try to find the best diagnosis and link them like hypertensive kidney disease (vs HTN only) adding the CKD stage

Only document diagnoses as "history of" only if it no longer exists or is resolved and not being treated.

Current conditions need documentation showing "M.E.A.T" **M**edical **E**valuation and **A**ctive **T**reatment – the medical decision-making (MDM) of an encounter. All billing is now based on the MDM of our visits.

- Medical Evaluation: What history supports the diagnosis. What symptoms/side effects are you seeing or worried about? What labs or notes are reviewed? What exam findings are there related to the condition?
- Active Treatment: What tests are considered? What are your concerns? When is the next f/u? What is the next f/u plan if condition isn't at goal?