



Star Measures: Tips, Tricks, and Exclusions

Part C Star Measures Definitions:

1. Adult BMI Assessment

- For patients 20 years and older - document height and weight with calculated BMI annually using the appropriate ICD-10 diagnosis code.
- For patients younger than 20, document height, weight, and percentile annually
- Complete during Medicare Wellness Visit

Exclusions: Patients who had a diagnosis of pregnancy during the measurement period.

2. Breast Cancer Screening

- Document screening mammogram within the last 2 years
- Address during Medicare Wellness Visit

Exclusions: Patients who had a bilateral mastectomy

3. Care for Older Adults - Functional Status Assessment

- Perform an assessment that addresses activities of daily living such as dressing, eating, and bathing once per year
- Assess cognitive status, ambulation status, and sensory ability
- Complete during Medicare Wellness Visit

Exclusions: None

4. Care for Older Adults - Medication Review

- Review all medications taken to include prescription and non-prescription
- Resolve or remove meds not being taken by the patient
- Complete during Medicare Wellness Visit

Exclusions: None

5. Care for Older Adults - Pain Screening

- Perform a pain screening assessment at least once per year
- Complete during Medicare Wellness Visit

Exclusions: None

6. Colorectal Cancer Screening

- Document any appropriate colon cancer screening
- Appropriate screenings are defined by any one of the following criteria:
 - Fecal occult blood test (FOBT) per year.
 - Flexible sigmoidoscopy every 5 years
 - Colonoscopy every 10 years
 - Computed tomography (CT) colonography every 5 years
 - Fecal immunochemical DNA test (FIT-DNA) every 2 years
- Address during Medicare Wellness Visit

Exclusions: Patients with a diagnosis or past history of total colectomy or colorectal cancer.

7. Comprehensive Diabetes Care - Blood Sugar Controlled

- Controlled is considered A1c <9
- Last performed A1c of the year is submitted

Exclusions: Patient had a diagnosis of gestational diabetes or steroid-induced diabetes during the measurement period

8. Comprehensive Diabetes Care - Eye Exam

- Eye exam report should indicate retinopathy status
- Exam must be performed during the measurement period.
- Order during Medicare Wellness Visit

Exclusions: Patient had a diagnosis of gestational diabetes or steroid-induced diabetes during the measurement period

9. Comprehensive Diabetes Care – Nephropathy

- Screening test such as microalbumin for nephropathy during the measurement period
- Indicate in the Medication list if the patient has been prescribed an ACE/ARB

Exclusions: Patient had a diagnosis of gestational diabetes or steroid-induced diabetes during the measurement period

10. Disease-Modifying Anti- Rheumatic Drug Therapy for Rheumatoid Arthritis

- Prescribe at least 1 prescription for an anti-rheumatic drug during the measurement period.

Exclusions: Patients with diagnosis of pregnancy or HIV.

11. Osteoporosis Management in Women who had a Fracture

- Order a bone mineral density test anytime within 6 months of the fracture.
- Prescribe a drug to treat osteoporosis within the six months after the fracture.

Exclusions: None

12. Medication Reconciliation Post-Discharge

- Document that current and discharged meds were reconciled.
- Can be performed by the physician, prescribing practitioner, RN, or clinical pharmacist
- Can be performed up to 30 days post discharge date
- Perform during Transition of Care (TCM) visit optimally within 7-14 days after discharge
- Use code 99495 or 99495 when billing TCM visit

Exclusions: Patient had hospice services any time during the measurement period.

13. Plan All-Cause Readmissions

- Perform TCM call within 48 hours (2 business days)
- Perform TCM visit within 7 -14 days post discharge
- Lower score is better

Exclusions: Pregnancy discharges, planned readmissions, discharges for death

14. Controlling High Blood Pressure

- Controlled BP is < 140/90
- Last BP reading of the year is submitted
- Tip: Repeat BP at the end of the visit and document second reading.

Exclusions: Patients with end-stage renal disease or kidney transplant or patients who are pregnant.

15. Statin Therapy for Patients with Cardiovascular Disease

- Prescribe high or moderate-intensity statin for patients with IVD diagnosis
- Prescribe high or moderate-intensity statin for patients who had MI, CABG, PCI or other revascularization

Exclusions: Patients who are pregnant or in hospice. Patients who have been diagnosed with end stage renal disease, cirrhosis, myalgia, myositis, myopathy or rhabdomyolysis

Stars Part D Measure Definitions:

1. Medication Adherence for Cholesterol (Statins)

- Only statin therapy meets the measure, not other cholesterol lowering medications
- To meet the measure, current statin therapy use must be documented in the patient's current medication list or ordered during the measurement period.
- Patient must fill prescriptions often enough to cover 80% or more of the time that they should be taking the meds
- Tip: 90 day and mail order prescriptions improve compliance

Exclusions: None

2. Medication Adherence for Hypertension (ACEI or ARB)

- Patient must fill prescriptions often enough to cover 80% or more of the time that they should be taking the meds
- Tip: 90 day and mail order prescriptions improve compliance

Exclusions: None

3. Medication Adherence for Diabetes Medications

- Patient must fill prescriptions often enough to cover 80% or more of the time that they should be taking the meds
- Tip: 90 day and mail order prescriptions improve compliance

Exclusions: Patients taking insulin.

4. Statin Therapy for Patients with Diabetes

- Must be a moderate or high-intensity statin [avoid Pravastatin (20mg/d), Fluvastatin (20-40mg/d) and Simvastatin (10mg/d)]

Exclusions: Patients in hospice and patients with end stage renal disease